

🐐❤️ Mother's Day Goat Yoga ❤️🐐

At Health, Happiness, and Hooves Farm in Fairfax Station, VA



Sunday May 11, 2025 ☀️ 12:00-1:30pm

\$30 per person for a 50 minute yoga session and 30 minute photo opportunity

Space is limited so reservations are required - email love3hfarms@yahoo.com



- ★ Children should be 12 years of age or older to participate
All participants under 18 must have a waiver signed by a parent or guardian
- ★ Please bring a yoga mat or towel (That you don't mind getting a little dirty!)
- ★ Dress comfortably and wear clothing and shoes that can get dirty as well
- ★ If you have long hair, we suggest wearing it up to discourage the goats from nibbling/pulling on your hair.
- ★ Feel free to bring a water bottle but please leave all food items in your vehicle for the safety of our overly inquisitive animals!
- ★ Selfies during class are encouraged!! We love it when you tag us in your social media posts!